

## signature cocktails

**Mimosa** 9

**Bellini** 13

**Bloody Mary** 13

## egg platters

Served with home fries, veggies

Add Turkey Sausage 3 Turkey Bacon 3

Egg Whites 2 Avocado 3

**Two Eggs any style** 11

**All American** 14

American cheese, turkey sausage, tomato

**High Protein** 14

egg whites, chicken breast, onions, Portobello mushrooms

**Fitness** 13

Egg whites, turkey sausage

**Western** 14

Eggs, turkey ham, roasted peppers, onions, cheese

**Greek** 14

Eggs, olives, Feta cheese

**Florentine** 14

Eggs, spinach, mushrooms, cheese

**Steak** 17

Eggs, onions, mushrooms, cheese

**Lox** 17

Eggs, smoked salmon, cream cheese, tomatoes

**Spinach, Feta Cheese** 15

Eggs, spinach, feta cheese

## bagels

**Cream Cheese** 7

with tomatoes, onions

**Smoked Salmon** 14

with Cream cheese, tomatoes onions

**Tuna Salad** 12

with sliced tomatoes

**Egg, Cheese** 12

with sliced tomatoes

**Chicken Salad** 12

with sliced tomatoes

## waffles

add blueberry, mango, pineapple, papaya or banana 1 walnuts or dates 2

**House waffle** 10

**Nutella banana** 12

**Bacon or sausage** 13

**Chicken breast** 14

## croissants

**Egg, cheese** 12

**Turkey, ham, cheese** 12

**Chocolate** 5

## more breakfast

**Fruit salad** 8

add nuts, honey 2

**Granola, yogurt** 9

add nuts, honey 2

**Smashed avocado toast** 12

grape tomatoes, sprouts

**Two Empanadas, side salad** 12

## smoothies 24oz 11

### 1. Banana Berry

Bananas, Strawberries, Natural Honey

### 3. Bora Berry

Blueberries, Strawberries

### 4. Frosted Monkey

Bananas, Peanut Butter, Almond Milk

### 5. Mango Colada

Mango's Bananas, Pineapple, Coconut Milk

### 6. Ocean Breeze

Peaches, Strawberries, Mango

### 7. Passion Berries

Blueberries, Kiwi, Orange Juice

### 8. Peach Colada

Peaches, Pineapple Juice, Coconut Milk

### 10. Sunrise

Bananas, Mango's Strawberries, Carrot

### 12. Tutti Frutti

Strawberries, Blueberries, Peach, Bananas

### 13. Xtra C

Watermelon, Cantaloupe, Pineapple, Strawberries

### 14. Tropical Shake

Mango's Pineapples, Orange Juice

### 15. Cookies, Cream

Dates, Walnuts, Soy Milk, Honey

### 16. Green Forest

Spinach, Banana, Orange Juice

### add Protein 2 4oz Shots 7

Ginger, Lemon, Honey, Parsley, Ginger, Pineapple, Turmeric Orange Juice

## natural juices 16oz 12

Add: Turmeric Cayenne or Apple Cider Vinegar 1

### 1. Orange Juice 8

### 2. Carrot, Orange Juice

### 3. Apple, Kale, Spinach, Cucumber, Ginger, Lemon

### 4. Carrot, Celery, Beet

### 5. Carrot, Apple, Beet

### 6. Carrot, Ginger

### 7. Carrot, Apple, Celery

## beverages

Evian Water 3 / 5

San Pellegrino 4 / 6

House Ice Tea 4

House Lemonade 4

## coffee

American Coffee 4

Espresso 3

Double Espresso 4

Cappuccino 5

Cafe Latte 5

Caramel Latte 5

Mocha Latte 5

Ice Cappuccino 5

Iced Mocha 5

Hot Herbal Tea 4

Hot Chocolate 4

# Small Plates

**Mediterranean Trio** 14  
Roasted eggplant, hummus, Tzatziki, pita bread

**Falafel** 12  
Over a bed of Hummus

**Mediterranean Meatballs** 14  
In an herb tomato sauce, pita bread

**Grape Leaves** 9  
Stuffed with rice, herbs

**Hummus** 9  
Served with a warm pita

**Grilled Chicken Quesadilla** 14

**Fire Roasted Chicken Wings** 14  
Tossed in buffalo sauce

**Fire Roasted Eggplant** 12  
House tomatoes sauce, mozzarella cheese

**Angus/Lamb Sliders** 14  
Lettuce, tomato, mayo, cheese, French fries

**House Smoked Salmon** 14  
Cream cheese, onions, toast

**Prosciutto Mozzarella** 14  
Tomatoes, extra virgin olive oil

**Two Empanadas** 12  
Salad, Tzatziki sauce

# Main Plates

**Veggie Burger** 16  
Quinoa, vegetables

**Gnocchi** 17  
House marinara sauce, Parmesan cheese

**Grilled Chicken Herbs & Spices** 17  
Roasted potatoes, vegetables

**Crispy Chicken Milanese** 17  
French fries, vegetables

**Grilled Salmon** 22  
Quinoa, vegetables

**Fish of the Day** 23  
Quinoa, vegetables

**Lamb Gyro** 17  
Lettuce, tomato, Tzatziki, French fries, pita bread

**Grilled Meat Patty** 18  
Handmade combination of Angus lamb, served over hummus

# Sandwiches

**Gyro** 14

**Mozzarella Caprice** 12

**Philly Steak** 14

**Falafel Hummus** 12

**Crispy Chicken Tender Melt** 14

**Grilled Chicken** 14

**Veggie Burger** 14

# Salads

Grilled Chicken Breast 5, Atlantic Grilled Salmon 7, Tuna Salad 6, Prosciutto 4, Veggie Burger 5, Avocado 3, Gyro Meat 5, Boiled Egg 2

**Greek** 13

Crispy romaine lettuce, cherry tomatoes, red onion, cucumbers, Kalamata olives, fêta cheese, Greek dressing

**Mozzarella Caprice** 13

Fresh mozzarella, organic mixed greens, tomatoes, basil, extra virgin olive oil, balsamic vinaigrette

**Caesar** 11

Crispy romaine lettuce, croutons, Parmesan cheese, Caesar dressing

**Thai** 13

Served over romaine lettuce, cherry tomatoes, cucumbers, carrots, garbanzo beans, sprouts, Thai peanut sauce

**Avocado Delight** 14

Mixed organic greens, avocado, carrots, garbanzo beans, cherry tomatoes, alfalfa sprouts, extra virgin olive oil, lime juice

**Portobello Tofu** 14

Portobello mushroom, grilled organic tofu, grape tomatoes, fresh avocado, mixed organic green, balsamic vinaigrette

**Super Food** 14

Baby spinach, quinoa, carrots, cucumber, chip peas, balsamic vinaigrette

# Pannini/Pita Melts

**Veggie Burger Melt** with provolone cheese 14

**Tuna Salad** tomatoes, Pesto spread, Swiss cheese 12

**Grilled Chicken** low-fat mayonnaise, Swiss cheese 14

**Caprice** fresh mozzarella, tomatoes, basil 13

# Wraps

**Grilled Chicken Caesar** 14

Romaine, Parmesan cheese, low-fat Caesar dressing

**Honey Mustard Chicken** 14

Romaine, tomatoes, cucumbers, honey mustard dressing

**Turkey Avocado** 14

Romaine, tomatoes, cucumbers, sprouts, avocado

**Avocado Delight** 14

Freshly mixed organic greens topped, avocado, carrots, garbanzo beans, cherry tomatoes, bean sprouts, extra virgin olive oil, lime juice

**Veggie Burger** 15

Mixed greens, tomatoes avocados

# Pizza/Flat-bread

**Margarita Pizza** 9

Add Cherry tomatoes 2, prosciutto 3, chicken 3, Parmesan cheese 2

**Gyro** Lettuce, tomatoes, onion, Tzatziki sauce 14

**Smoked Salmon** Cream cheese, onions, capers 15

**Portobello** Sweet balsamic glaze 12

**Prosciutto Mozzarella** Grape tomatoes 14

# Sides

French Fries 5, Hummus 9

## Signature Cocktails

**Mint Mango Margerita** 12

Tequila, mango, mint leaves

**SoBe Mojito** 12

Rum, mint, limes

**Mango Colada Daquiri** 12

rum, mango, coconut milk

## Daiquiris

**Strawberry** 12    **Mango Colada** 12

## Mojitos/Margaritas

**Traditional** 12    **Watermelon** 12

**Mint Mango** 12

Tequila, mango, mint leaves

## Bottled Beer

**Corona** 6    **Hieniken** 6    **Stella** 6

**Miller Lite** 5    **IPA** 8

## Pitchers

**Red Sangria** 32

**White Sangria** 32    **Mojito** 32

## Red Wine

**Cabernet** 12/38    **Merlot** 11/37

**Malbec** 11/36    **Pinot Noir** 11/34

## White Wine

**Chloe Chardonnay** 11/36

**Imagery Chardonnay** 11/36

**Suavignon Blanc** 11/35

**Capesalda Pinot Grigio** 11/34

**Biago Pinot Grigio** 11/34

**Zinfandel** 11/32

## Rose

**Private Label** 12/38

**JP Chenet** 11/36    **Vino** 11/36

## Bubbly

**Astoria Prosecco** 12/37    **Vouve Clicquot** /64

**Champagne** 11/32    **JP Brut** 11/36

## Smoothies 24oz 11

**1. Banana Berry**

Bananas, Strawberries, Natural Honey

**4. Frosted Monkey**

Bananas, Peanut Butter, Almond Milk

**5. Mango Colada**

Mangos, Bananas, Pineapple, Coconut Milk

**6. Ocean Breeze**

Peaches, Strawberries, Mango

**8. Peach Colada**

Peaches, Pineapple Juice, Coconut Milk

**10. Sunrise**

Bananas, Mangos, Strawberries, Carrot

**12. Tutti Frutti**

Strawberries, Blueberries, Peach, Bananas

**14. Tropical Shake**

Mangos, Pineapples, Orange Juice

**15. Cookies, Cream**

Dates, Walnuts, Soy Milk, Honey

## Natural Juices 16oz 12

Add: Tumeric, Cayenne or Apple Cider Vinegar \$1

**Orange Juice** 8

**Carrot, Orange Juice**

**Carrot, Apple, Beet**

**Carrot, Ginger**

**Apple, Kale, Spinach, Cucumber, Ginger, Lemon**

## Beverages

**Evian Water** 3/5

**San Pellegrino** 4/6

**House Ice Tea** 4

**House Lemonade** 4

## Coffee

**American Coffee** 4

**Espresso** 3

**Double Espresso** 4

**Cappuccino** 5

**Cafe Latte** 5

**Caramel Latte** 5

**Mocha Latte** 5

**Ice Cappuccino** 5

**Iced Mocha** 5

**Hot Herbal Tea** 4

**Hot Chocolate** 4

## Desserts

**Nutella Flatbread** 11

**Chocolate Mouse** 9

**Cheese Cake** 9