

signature cocktails

Mimosa 12

Bellini 13

Bloody Mary 14

egg platters

Served with home fries

Add Turkey Sausage 4 Turkey Bacon 4

Egg Whites 3 Avocado 4

Two Eggs any style 12

All American 16

American cheese, turkey sausage, tomato

High Protein 18

egg whites, chicken breast, onions, mushrooms

Fitness 16

Egg whites, turkey sausage

Western 17

Eggs, turkey ham, roasted peppers, onions, cheese

Greek 16

Eggs, olives, Feta cheese

Florentine 16

Eggs, spinach, mushrooms, cheese

Steak 26

Churrasco, eggs, onions

Lox 21

Eggs, smoked salmon, cream cheese, tomatoes

Spinach, Feta Cheese 17

Eggs, spinach, fetta cheese

bagels

Cream Cheese 9

with tomatoes, onions

Smoked Salmon 15

with Cream cheese, tomatoes onions

Tuna Salad 14

with sliced tomatoes

Egg, Cheese 14

with sliced tomatoes

Chicken Salad 15

with sliced tomatoes

waffles

add blueberry, mango, pineapple, papaya, banana, walnuts or dates 2

House waffle 12

Nutella banana 14

Bacon or sausage 16

Crispy chicken breast 17

croissants

Egg, cheese 15

Ham and cheese 14

Chocolate 5

smashed avocado toast 14

grape tomatoes, sprouts

add scrambled eggs 4 turkey sausage or bacon, 4

more breakfast

Fruit salad 9

add nuts, honey 2

Granola, yogurt 11

add nuts and honey 2

Empanadas and salad 12

smoothies 24oz 12

1. Banana Berry

Bananas, Strawberries, Natural Honey

3. Bora Berry

Blueberries, Strawberries

4. Frosted Monkey

Bananas, Peanut Butter, Almond Milk

5. Mango Colada

Mango's Bananas, Pineapple, Coconut Milk

6. Ocean Breeze

Peaches, Strawberries, Mango

7. Passion Berries

Blueberries, Kiwi, Orange Juice

8. Peach Colada

Peaches, Pineapple Juice, Coconut Milk

10. Sunrise

Bananas, Mango's Strawberries, Carrot

12. Tutti Frutti

Strawberries, Blueberries, Peach, Bananas

13. Xtra C

Watermelon, Cantaloupe, Pineapple, Strawberries

14. Tropical Shake

Mango's Pineapples, Orange Juice

15. Cookies, Cream

Dates, Walnuts, Soy Milk, Honey

16. Green Forest

Spinach, Banana, Orange Juice

add Protein 2 4oz Shots 7

Ginger, Lemon, Honey, Parsley, Ginger, Pineapple, Turmeric Orange Juice

natural juices 16oz 14

Add: Turmeric Cayenne or Apple Cider Vinegar 1

1. Orange Juice

2. Carrot, Orange Juice

3. Apple, Kale, Spinach, Cucumber, Ginger, Lemon

4. Carrot, Celery, Beet

5. Carrot, Apple, Beet

6. Carrot, Ginger

7. Carrot, Apple, Celery

beverages

Evian Water 4 / 6

San Pellegrino 4 / 6

House Ice Tea 4

House Lemonade 5

coffee

American Coffee 4

Espresso 3

Double Espresso 4

Cappuccino 5

Cafe Latte 5

Caramel Latte 5

Mocha Latte 5

Ice Cappuccino 5

Iced Mocha 5

Hot Herbal Tea 4

Hot Chocolate 4

Small Plates / Tapas

Ceviche Mixto 18

Swai filet and shrimp

Caribbean Blackened Shrimp 17

Crispy Calamari 16

Served with marinera sauce

Salmon Tartar Tostadas 17

Salmon, avocado, sesame seed flakes

Prosciutto Mozzarella 14

Tomatoes, extra virgin olive oil

Hummus 12

Served with a warm pita

Mediterranean Trio 17

Baba Ghanoush, hummus, Tzatziki, pita bread

Falafel 14

Over a bed of Hummus

Chicken or Beef Quesadilla 17

Empanadas 12

Salad, Tzatziki sauce

Fire Roasted Chicken Wings 17

Tossed in buffalo sauce

Main Plates

Black Angus Churrasco 27

Chimichuri skirt steak, roasted potato, salad

Grass Fed Short Ribs 28

Slow cooked, yellow rice, vegetables

Lamb Gyro 21

Lettuce, tomato, Tzatziki, French fries, pita bread

Grilled Chicken Herbs & Spices 22

Roasted potatoes, vegetables

Crispy Chicken Milanese 22

French fries, vegetables

Branzino 32

Whole fish pan seared, lemon herbs, grilled season vegetables, roasted potatoes

Grilled Salmon 25

Quinoa, vegetables

Seafood Paella 28

Yellow rice seafood medley

Fettuccine Alfredo 18

Grilled chicken 5, shrimp or salmon 8

Spinach Ravioli 23

Served with marinera sauce

Seafood Linguini 29

Seafood medley, light tomato sauce

Sandwiches

Served with lettuce, tomatoes, mayo, red onions

Gyro Pita 16

Philly Cheese Steak 16

Grilled Chicken 16

Crispy Chicken Tender Melt 16

Turkey Club 15

Falafel Hummus Pita 14

Burgers

Served with lettuce, tomatoes, mayo, red onions

Veggie Burger 16

Wagyu Cheese Burger 17

Add: avocado, bacon or egg 4

Salads

Grilled Chicken Breast 5, Atlantic Grilled Salmon 8, Tuna Salad 6, Prosciutto 5, Veggie Burger 5, Avocado 4, Gyro Meat 5, Boiled Egg 3

Greek 14

Crispy romaine lettuce, cherry tomatoes, red onion, cucumbers, Kalamata olives, fete cheese, Greek dressing

Mozzarella Caprice 16

Fresh mozzarella, organic mixed greens, tomatoes, basil, extra virgin olive oil, balsamic vinaigrette

Caesar 14

Crispy romaine lettuce, croutons, Parmesan cheese, Caesar dressing

Asian Steak 22

Served over romaine lettuce, cherry tomatoes, cucumbers, carrots, garbanzo beans, sprouts, Thai peanut sauce

Avocado Delight 16

Mixed organic greens, avocado, carrots, garbanzo beans, cherry tomatoes, alfalfa sprouts, extra virgin olive oil, lime juice

Portobello Tofu 17

Portobello mushroom, grilled organic tofu, grape tomatoes, fresh avocado, mixed organic green, balsamic vinaigrette

Super Food 17

Baby spinach, quinoa, carrots, cucumber, chip peas, balsamic vinaigrette

Pannini/Pita Melts

Veggie Burger Melt with provolone cheese 16

Tuna Salad tomatoes, Pesto spread, Swiss cheese 14

Grilled Chicken low-fat mayonnaise, Swiss cheese 16

Caprice fresh mozzarella, tomatoes, basil 16

Wraps

Grilled Chicken Caesar 16

Romaine, Parmesan cheese, low-fat Caesar dressing

Honey Mustard Chicken 16

Romaine, tomatoes, cucumbers, honey mustard dressing

Turkey Avocado 15

Romaine, tomatoes, cucumbers, sprouts, avocado

Avocado Delight 15

Freshly mixed organic greens topped, avocado, carrots, garbanzo beans, cherry tomatoes, bean sprouts, extra virgin olive oil, lime juice

Veggie Burger 16

Mixed greens, tomatoes avocados

Pizza/Flat-bread

Margarita Pizza 12

Add cherry tomatoes 2, prosciutto 5, chicken 5, Parmesan cheese 2

Gyro Flat-Bread Lettuce, tomatoes, onion, Tzatziki sauce 16

Smoked Salmon Flat-Bread Cream cheese, onions, capers 17

Prosciutto Mozzarella Flat-Bread Grape tomatoes 16

Tacos

Grilled Chicken avocado, vegetables, cilantro sauce, cheese 16

Fish grilled Swai, vegetables, cilantro sauce, cheese 18

Short Rib mayo, vegetables, cilantro sauce, cheese 18

Sides

French Fries 6, Hummus 11, Roasted Potatoes 6, Guacamole & Chips 12

Signature Cocktails

SoBe Mojito 14

Rum, mint, limes

Cuba Libre 15

Rum, coke

Spritz 15

Aperol, Prosecco

Mango Colada Daquiri 15

Rum, mango, coconut milk

Strawberry Daquiri 15

Fresh strawberries, rum

Mango Colada Daquiri 15

Fresh mango, rum

Pina Colada Daquiri 15

Fresh pineapple, rum

Espresso Martini 16

Coffee, vodka

Chocolate Martini 16

Chocolate, vodka

Mojitos/Margaritas

Traditional 14

Watermelon 14

Mint Mango 14

Tequila, mango, mint leaves

Bottled Beer

Corona 7

Hieniken 7

Stella 7

Miller Lite 6

IPA 9

Pitchers

Red Sangria 43

Margarita 46

White Sangria 43

Mojito 44

Red Wine

Cabernet 14/53

Merlot 13/52

Malbec 13/52

Pinot Noir 14/53

White Wine

Chloe Chardonnay 12/46

Imagery Chardonnay 12/46

Suavignon Blanc 12/43

Capesalda Pinot Grigio 12/44

Biago Pinot Grigio 12/44

Zinfandel 12/44

Rose

Private Label 16/62

JP Chenet 16/62

Vino 14/53

Bubbly

Astoria Prosecco 14/53

Vouve Clicquot / 154

Champagne 17/62

JP Brut 16/62

Smoothies 24oz 12

1. Banana Berry

Bananas, Strawberries, Natural Honey

4. Frosted Monkey

Bananas, Peanut Butter, Almond Milk

5. Mango Colada

Mangos, Bananas, Pineapple, Coconut Milk

6. Ocean Breeze

Peaches, Strawberries, Mango

8. Peach Colada

Peaches, Pineapple Juice, Coconut Milk

10. Sunrise

Bananas, Mangos, Strawberries, Carrot

12. Tutti Frutti

Strawberries, Blueberries, Peach, Bananas

14. Tropical Shake

Mangos, Pineapples, Orange Juice

15. Cookies, Cream

Dates, Walnuts, Soy Milk, Honey

Natural Juices 16oz 14

Add: Turmeric, Cayenne or Apple Cider Vinegar \$1

Orange Juice

Carrot, Orange Juice

Carrot, Apple, Beet Carrot, Ginger

Apple, Kale, Spinach, Cucumber, Ginger, Lemon

Beverages

Evian Water 4/6

San Pellegrino 4/6

House Ice Tea 4

Fresh Lemonade 6

Coffee

American Coffee 4

Espresso 3

Double Espresso 4

Cappuccino 5

Cafe Latte 5

Caramel Latte 5

Mocha Latte 5

Ice Cappuccino 5

Iced Mocha 5

Hot Herbal Tea 4

Hot Chocolate 4

Desserts

Nutella Flatbread 11

Chocolate Mouse 12

Cheese Cake 11